



CARING - MENTORING - RESTORING
CHILDREN & FAMILIES

PORT ELIZABETH SINCE 1944

Port Elizabeth



MORE ABOUT PARENTING WITH

PASSION

- ◇ A course for parents of younger children and teenagers to help build strong relationships by using good parenting principles to nurture children from an early age.

- ◇ Through five/six core sessions you will be encouraged and increase your confidence to parent and nurture your child as they develop.

HOW DOES IT WORK?

Sharing ideas with other parents is an important part of the course. We aim to help you recognise the good and positive things you are already doing, as well as give you time to think through some ideas on parenting that you may not have come across before.

"Every child

IS A DIFFERENT KIND OF FLOWER,
AND ALTOGETHER MAKE THIS WORLD
a beautiful garden!"

— LIVINGSTON



SESSION TITLES

- **Session 1 – Building strong foundations (role of family & Patterns for a healthy family life) (120 Min)**
- **Session 2 – Meeting our children's needs (5 love languages) (90+Min)**
- **Session 3 – Setting boundaries (combining love and limits & helping our children make good choices) (90+ Min)**
- **Session 4 – Healthy relationships (modelling and practicing relationships & handling anger) (90+ Min)**
- **Session 5 – Long-term Aim encouraging responsibility, beliefs and values) (120 Min)**
- **Session 6 – Follow up 2 months after sessions 1– 5 are completed. (120 Min)**

Time table for 2020/2021

Time: 10h00

Also available : 18h00(on request)

16 February 2021—19 March 2021

10 May 2021 —11 June 2021

16 August 2021– 17 September 2021

25 October—30 November 2021

For a booking/enquiry you can contact:

BLOEMENDAL

WHERE: UCC—CHURCH HALL
Lawrence Erasmus drive, Bloemendal

CONTACT PERSONS:

L. Adams - email: mw6@cmrpe.co.za
M. Wagner - email: isw2@cmrpe.co.za
M. Williams - email: mw7@cmrpe.co.za

WESTERN AREAS

WHERE: CMR offices, Mount road 16,
North End, Port Elizabeth

CONTACT PERSON:

TEL: 079 8659 970
E-mail: parenting@cmrpe.co.za

ALGOAPARK

WHERE: Volle Evangelie Kerk,
4 Van der Leur Cres, Algoa Park,

CONTACT PERSON:

A. Millard - email: mw5@cmrpe.co.za
B. Warner - email: isw1@cmrpe.co.za

NEW BRIGHTON

WHERE: CMR offices, Dutch Reformed Church
Pendla street, New Brighton

CONTACT PERSONS:

E-mail: newbrighton@cmrpe.co.za

KWAZAKHELE

WHERE: CMR offices
Kwazakhele (Councillors Office)
Mavuso road, Kwazakhele

CONTACT PERSONS: Z. Mtwalo / K. Mashabela
E-mail: kwazakhele@cmrpe.co.za

Contact number for all areas:
Tel: 041 4843554

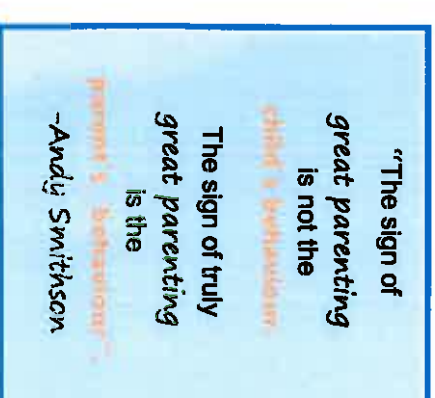
Parents are the ultimate role
models for children.
Every word, movement
and action has an effect.
No other person or outside
force has a greater influence
on a child
than the parent

Bob Keeshan

This program is made possible by:

“The parenting children course”

By Nicky and Sila Lee



Funding: DG Murray Trust



DGMT is a South African foundation built on endowments from Douglas George Murray and his wife, Eleanor. DGMT is committed to developing South Africa's potential through public innovation and strategic investment. Our goal for South Africa is a flourishing people, economy and society. Towards this end DGMT currently distributes about R160-million per year and leverages and manages a similar amount of funding through joint ventures with other investors.

CHRISTIAN SOCIAL SERVICES

CHRISTELIK MAATSKAPLIKE RAAD

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